



O melhor plano de  
saúde é viver

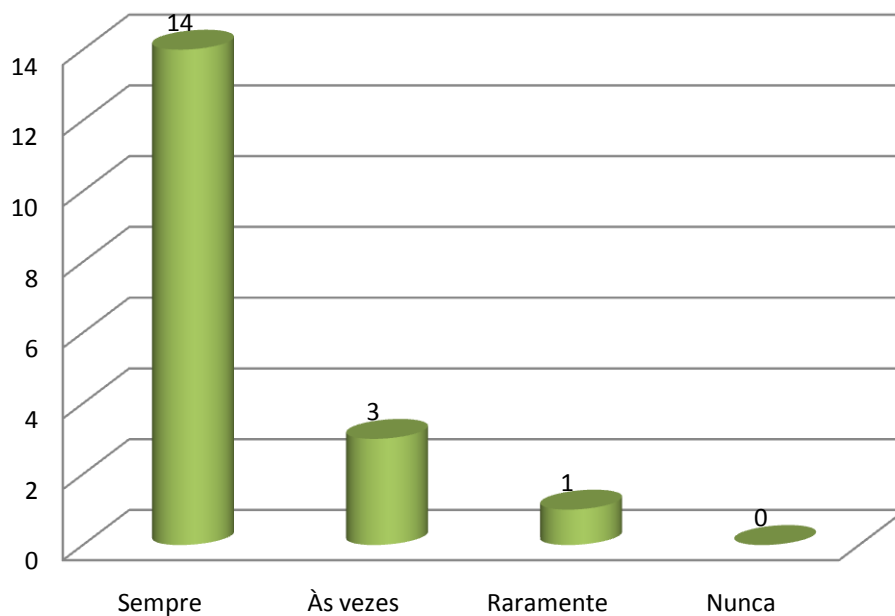
<http://saude-esob.blogspot.com>; <http://saude-esob.webnode>

Tabela dos inquéritos realizados à turma B do 12ºano, da  
Escola Secundaria de Oliveira do Bairro

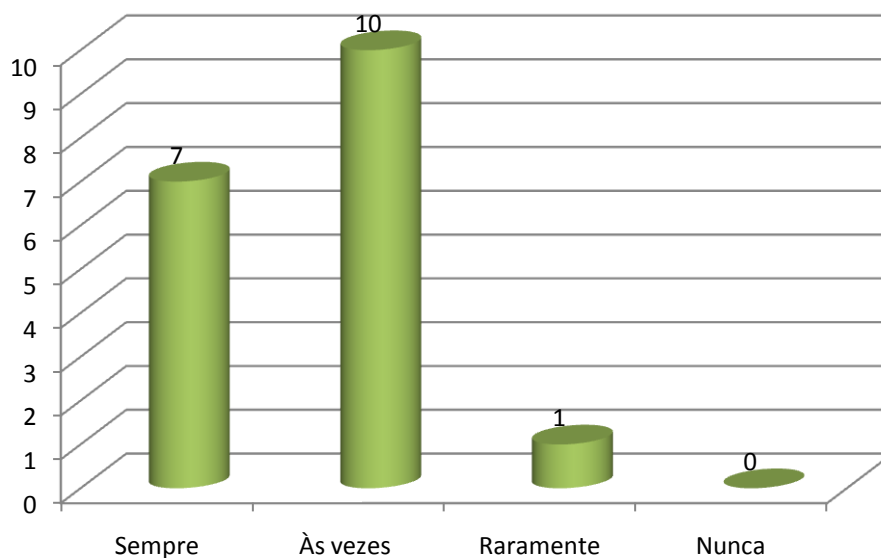
Número de elementos da turma:

	Sexo feminino	Sexo masculino	Total
17 anos	6	9	15
18 anos	1	2	3
Total	7	11	18

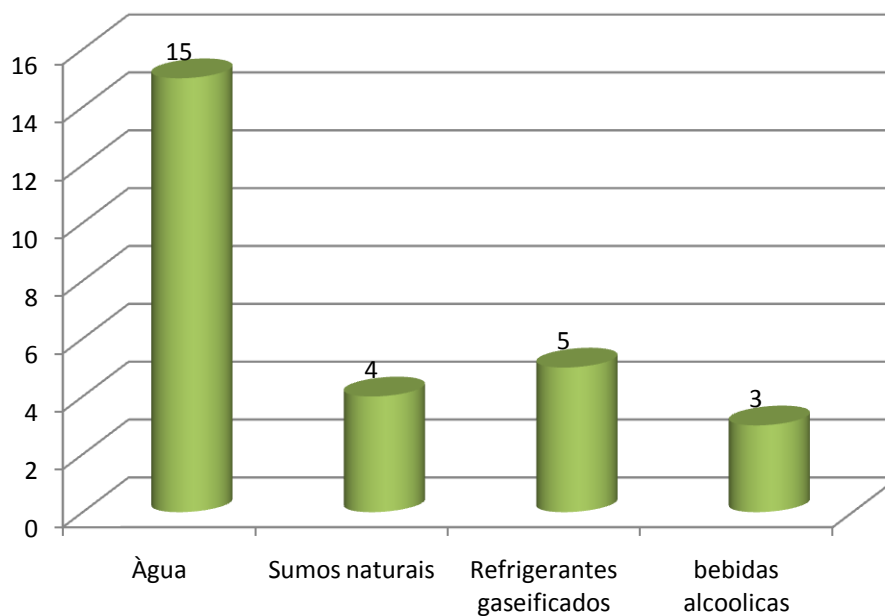
### 1- Tomas o pequeno almoço ?



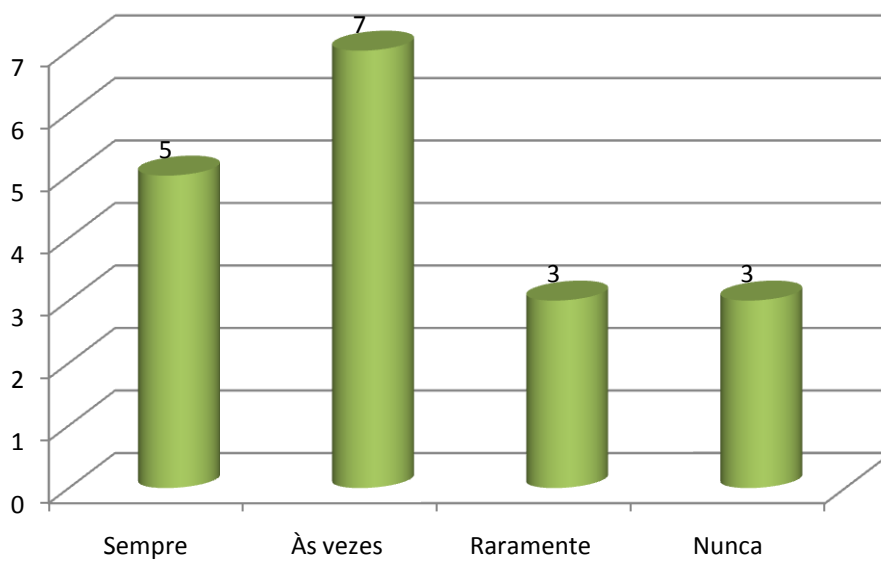
### 2- Fazes pelo menos cinco refeições por dia ?



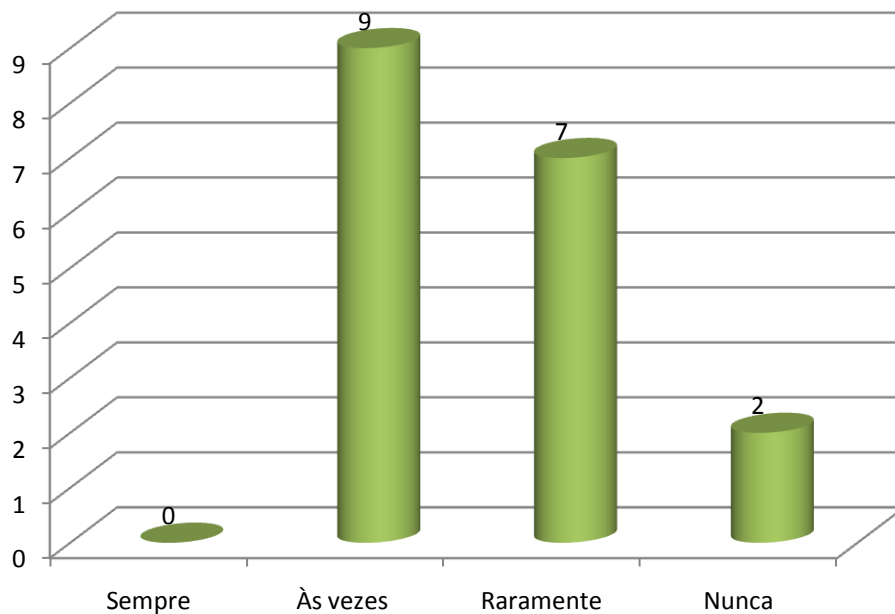
### 3- Quando tens sede bebes:



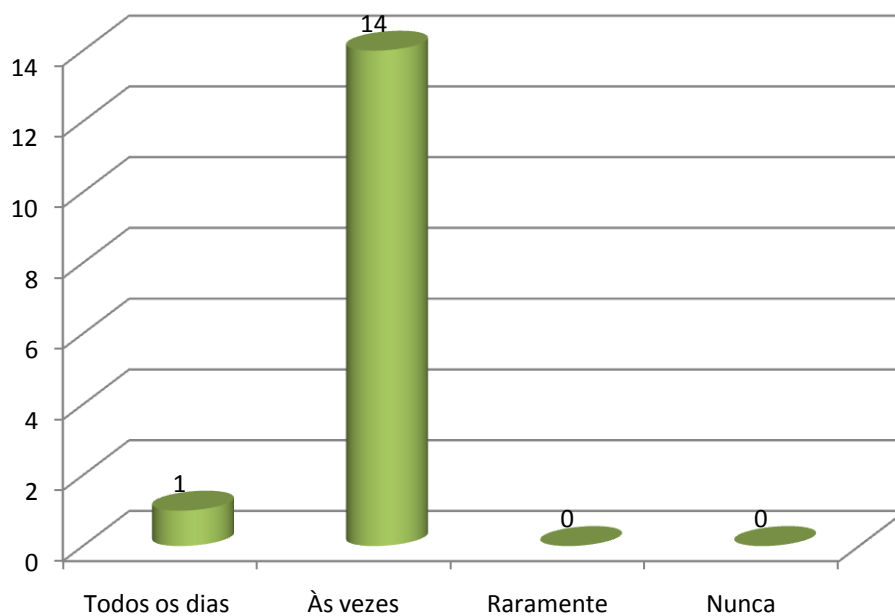
### 4- Bebes pelo menos 1,5 litros de água por dia ?



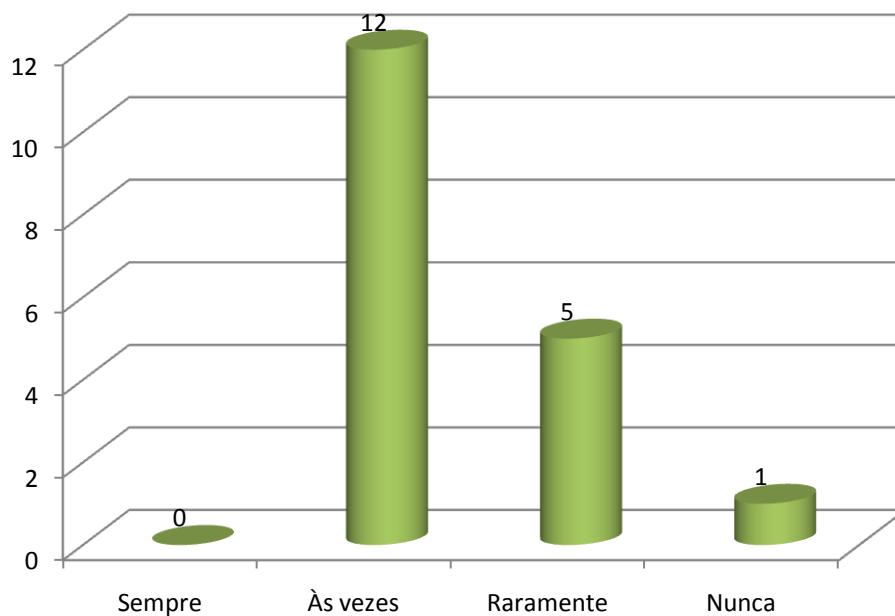
### 5- Comes diariamente fritos ?



### 6- Comes peixe ?



### 7- Comes comida do tipo "fast food" ?



### 8- Comes com frequencia chocolates, bolos...

